

Provider / Insurer Round Table Discussion Guide January 11, 2019

OBJECTIVES:

- Provide a venue for providers and insurers on how to best work together to provide the best Substance Use Disorder Treatment in the state of Utah.
- Collaborate to improve treatment and mental health services throughout Utah
- Devise collaborative next steps/action plan

8:00 a.m. - 8:10 a.m. Welcome – UCO-OP Executive Committee Member

8:10 a.m. – 9:40 a.m. Facilitated Discussion

9:40 a.m. – 10:00 a.m. Action Items and Close

Substance Use Disorder Treatment

1. What are the current barriers to substance use disorder treatment? According to research the relapse rate for substance use disorder treatment is very high. What types of treatments are covered by insurances and what needs to be done to increase effective outcomes?
2. Are patients educated about medication assisted treatment if they have an opioid use disorder?
3. What is your policy regarding coverage of FDA-approved buprenorphine, methadone, and naltrexone products for opioid dependence?
4. Short rehabilitation treatment center stays vs. longer treatment? How are patients informed of these options? How do they know which is best?
5. Do more guidelines need to be in place and outcome studies be required of treatment centers? How do we decide which recovery centers are reimbursed for treatment?
6. Does there need to be more oversight and government regulation of treatment centers/sober living homes?